

Anna – Glykeria Vlachou

EDUCATION

**Educational Program via e-learning: Group Empowerment
National & Kapodistrian University of Athens**

Oct 2020- today

**MSc in Criminal Law and Addictions
Aristotle University of Thessaloniki (AUTH), Department of Law**

Sep 2016 – Mar 2018

1st Class 1st Division (9.21/10)

Key Courses: Addiction prevention policies, early intervention and health-care policies, Deepening in the clinical treatment of addiction and prevention of relapse.

Skills: Qualitative, Motivational Interview, Prevention strategies, Assessment tools.

Thesis: [«The contribution of educational activities in treatment retention: The case of KETHEA ITHAKI».](#)

Description: Investigation of the ways in which formal and informal educational activities contribute to staying in the therapeutic context and the amount of time their influences last.

**BSc with Honours in Psychology
Aristotle University of Thessaloniki (AUTH), Department of Psychology**

Sep 2011- Jul 2015

2nd Class 1st Division (8.16/10)

Key Courses: Developmental Psychology, Psychopathology, School Psychology, Counselling, Biological and Social Psychology.

Skills: Qualitative, quantitative, SPSS, clinical methods in assessment, counselling.

Thesis: [«Work and Volunteer Engagement: a Diary Study».](#)

Description: The ways engagement, both in work and in volunteering, affects the individuals' well-being, namely their happiness and, by extension, their intention to continue their voluntary work.

- Presentation of Honors Thesis during the fifth Pan-Hellenic Conference of Psychological Research for Students of the Hellenic Psychological Society, Panteion University, Athens, 2016.

WORK EXPERIENCE

**Psychologist
Institution for People with Special Needs and Disabilities (E.Σ.B.E.)**

Oct 2020- today

- Conducting 1-on-1 interviews and group sessions
- Psychological evaluations.
- Planning developmental programs.
- Managing files/reports.

Psychologist

Mar 2019- Mar 2020

Department of Chronic Conditions «Agios Panteleimon»

(Psychological evaluations, Conducting 1-on-1 interviews and group sessions, Planning and conducting recreational activities, managing files/Reports.).

Intern Psychologist

Nov 2014 – Jan 2015

Therapy Centre for Dependent Individuals (KETHEA) – ITHAKI/Counselling Center

(Conducting 1-on-1 interviews, Writing reports about therapy sessions/managing client files, classification and correction of questionnaires (SCL-90, FTDI, ASI, CMRS), secretarial support –referrals).

VOLUNTEERING

Entos#Ektos, Volunteers Association for the Support of Minors and Youth

Dec 2015 – Jul 2018

- Creative activity workshop for young refugees in hot spots in Diavata and Vasilika (2016-2017).
- Creative activity workshop for delinquent youths (2017).
- Experiential workshop for high school students in Papafio Institution (2017-2018).

TECHNICAL SKILLS

Software Skills: Microsoft Office (Advanced knowledge), Internet applications & Communication, Databases, Electronic Presentations, Assessment method in application.

LANGUAGES

- **French** (Fluent).
- **English** (Fluent).
- **Greek** (Native).

OTHER SKILLS

- Valid EU driving license.
- Professional Psychologist license.
- Forensic Addictions Corrections Treatment (FACT) Certified.
- CCU Syllabus 1.0, Aristotle Certification Training & Assessment.
- Michigan Certificate of Proficiency in English.
- Certificat Pratique de langue Française, Paris – Sorbonne C1.
- Childhood Adversity: The Impact of Childhood Maltreatment on Mental Health (University College London).
- The Therapy Network: “DMS-5 and the Psycho-diagnostic Evaluation” (by Yalom & Pischos).